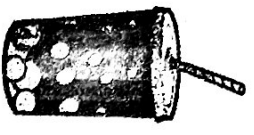
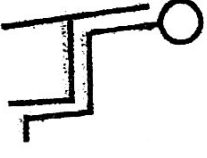
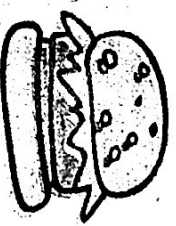

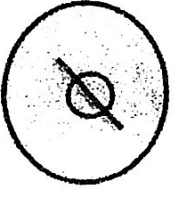

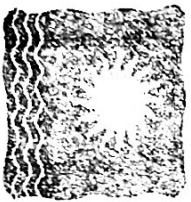




<p><b>Straw</b></p>  <p>Keep baby's chin up to help them swallow. Support nape of neck. Bent straws don't flow well!</p>	<p><b>Foot Support</b></p>  <p>Have good foot support to keep good circulation through legs. Position baby belly against mom's belly, make sure neck and back are supported and sit in a back leaning position</p>	<p><b>Hamburger</b></p>  <p>Shape breast like a hamburger.</p>
<p><b>Clock</b></p>  <p>Nursing every 3 hours is a good rule. Don't watch the clock if baby is nursing well and gaining weight.</p>	<p><b>Back off / with hand</b></p>  <p>Keep your hand up higher on your breast and away from the nipple</p>	<p><b>Boppy</b></p>  <p>Good if Latch is good.</p>
<p><b>Relax</b></p>  <p>Baby will not latch unless relaxed.</p>	<p><b>Wide Open</b></p>  <p>Mouth wide open.</p>	<p><b>Reflexes/Cues</b></p>  <p>Bring chin to breast tissue under areola</p>